



Guida al programma

A teaching activity has to comprise a minimum of 8 hours of teaching per week (or any shorter period of stay). If the mobility lasts longer than one week, the minimum number of teaching hours for an incomplete week should be proportional to the duration of that week. The following exceptions apply:

- There is no minimum number of teaching hours for invited staff from enterprises.
- If the teaching activity is combined with a training activity during a single period abroad, the minimum number of hours of teaching per week (or any shorter period of stay) is reduced to 4 hours.

Mobilità ST

Calcolo ore minime di docenza

Duration of Mobility Period (days) (Travel excluded)	weeks	extra days	Minimum Teaching Hours EC rule
5	0	5	8
6	0	6	8
7	1	0	8
8	1	1	9
9	1	2	11
10	1	3	12
11	1	4	14
12	1	5	16
13	1	6	16
14	2	0	16
15	2	1	17
16	2	2	19
17	2	3	20
18	2	4	22
19	2	5	24
20	2	6	24
21	3	0	24
22	3	1	25
23	3	2	27
24	3	3	28
25	3	4	30
26	3	5	32
27	3	6	32
28	4	0	32
29	4	1	33
30	4	2	35
31	4	3	36
32	4	4	38

Duration of Mobility Period (days) (Travel excluded)	weeks	extra days	Minimum Teaching Hours EC rule
33	4	5	40
34	4	6	40
35	5	0	40
36	5	1	41
37	5	2	43
38	5	3	44
39	5	4	46
40	5	5	48
41	5	6	48
42	6	0	48
43	6	1	49
44	6	2	51
45	6	3	52
46	6	4	54
47	6	5	56
48	6	6	56
49	7	0	56
50	7	1	57
51	7	2	59
52	7	3	60
53	7	4	62
54	7	5	64
55	7	6	64
56	8	0	64
57	8	1	65
58	8	2	67
59	8	3	68
60	8	4	70